

List of Contacts

Reminders

Setting up your own group really is quite easy: You can share the responsibilities, so that everyone plays their role related to their interest, from organising the events to photography, checking satellites on an app, or guiding meditations. Of course you can also use guided meditations from our youtube channel, and none of the equipment is essential. Working together in this way strongly encourages coherence.

To help start your group you might enjoy these links:

Interviews with experienced CE5ers:
<https://ce5europe.com/events/archive/>

Webpage on the essence of how to connect:
<https://ce5europe.com/what-is-ce5/how-to-ce5/>

Andre's excellent podcasts on all things related to CE5

<https://www.youtube.com/channel/UCKBqTzLvWeIRLwS9R-5SM-g>

Click on the 'live' tab on our YouTube channel for a series of meditations
<https://www.youtube.com/@ce5grid/streams>

I am happy to update this list every once in a while.

If you wish to be removed, or added to the list, please send an email with the following information:

1. I have an existing group and am open to new people joining:

- **Country**
Nearest Town
Contact Information (Name, email address)

2. I am looking for others to start a new group with:

- **Country**
Nearest Town
Contact Information (Name, email address)

3. I have a place where we can do CE5

- **Country**
Nearest Town
Contact Information (Name, email address)

It will be up to each group, and each individual to be circumspect about whom you are connecting with. If it does not feel right then go with that. On the other hand you might meet fabulously interesting people and make life-long friends.

=====

1. I have an existing group and am open to new people:

France

Entrelacs / Savoie

+336 6262 1896

info@buggy-rollin.com

==-=

Switzerland

Geneva

+336 6262 1896

info@buggy-rollin.com

==-=

Portugal

Lisbon

Gillian Kok

gilliankok@gmail.com

==-=

UK

Essex, Clacton-on-Sea

Elaine Smith

reikifusionuk@gmail.com

==-=

2. I am looking for others to start a new group with:

Belgium

Nearest town: Gent

Dirk Steels

dirk@skylogic.be

==--==

Croatia

Jasmina Pessi
Zagreb 00385994970809
krsnabolo@gmail.com

==--==

Deutschland

Matthias Kruse
South of Hamburg
matthias.21224@web.de

==--==

Deutschland

Sabine Escucha
Nearest town Passau
Sabine.J.Schneider@web.de

==--==

Deutschland

Munich
Chiara Dolores Glanert
dolores.glanert@t-online.de

==--==

Deutschland

Christianna Karkomitaki
Munich
karkomitaki@gmail.com

==--==

Deutschland

Frankfurt (west side)
Steve Hassler
steve.hassler@gmail.com

==--==

Deutschland

Kurt Arenhold
50170 Kerpen
rlohdaen@gmx.de

==--==

Deutschland

Christina
Nürnberg
venuschristina@yahoo.com

==--==

Deutschland
Jens Weigel
Bielefeld
wire.1967@web.de

==--==

Deutschland
Mona
Trier
ruppmona@web.de

==--==

Deutschland
Markus Franz
Freiburg im Breisgau
mjf2012@posteo.de
Tel. 0170/8180777

==--==

Deutschland
Timo
Bad Emstal bei Kassel
timo.feret@posteo.de

==--==

Deutschland
Rebecca
München
rebecca-huber@gmx.de

==--==

Deutschland
Dr. Stephan Kaula
Lichtenfels
stephan.kaula@gmail.com

==--==

France
Pamela Cherry (English speaking with some French)
ST. Malo - Dinan - ST. Brieuç - Lamballe
o2bbizy@gmail.com

==--==

France

Achard

Corse

pamijo@orange.fr

==--==

France

Marwa

Tours, Paris, Nantes, Poitiers

msmathb@gmail.com

==--==

France

Maciel

ile de France. La Garenne-Colombes

macielkarug@gmail.com

==--==

France

Gilles

Dinan Bretagne

gillesvincentroland@gmail.com

==--==

France

Corinne Gauffroy

Plërmel entre Vannes & Rennes

0640547533

cmlgauf2028@gmail.com

==--==

France

Caroline Almy

France Savoie

carolinealmy@sfr.fr

==--==

France

Virginie Lacombe

beauvilletherapeutique@gmail.com

Beauville

0671528703

==--==

Hungary

Miao

Csesznek

miao@posteo.de

==--==

Italia

Mirko

Gaeta (Latina)

mirko79@gmail.com

==--==

Netherlands

Wichal Rangai

Rotterdam

wr1ness@gmail.com

==--==

Norway

Emma

Stavanger (Summer)

emma-a@online.no

==--==

Norway

Ron Schaafsma

Oslo

ce5norway@outlook.com

==--==

Poland

Vasil Krstevski

Warsaw

vasil.krstevski@gmail.com

+48 728 675 276

==--==

Spain

Emma

Altea (Winter)

emma-a@online.no

==--==

Spain

Maciel
Malaga
macielkarug@gmail.com

====

Switzerland

Anoula Sifonios & Johan Vermeylen
Language: French, English (little German only)
info@shunyatayoga.ch
Sion (Switzerland being small, we can go to any place almost...)

====

UK

Marica
Nearest Town: living in Egham. County: Surrey. Biggest close town: London
marica.carrone@gmail.com

====

UK

Martin
Crawley, West Sussex
martin.simmons@ymail.com

====

UK

Jo Smetham
Penzance,
Cornwal
jojosmetham@hotmail.co.uk

====

UK

Elaine Smith
Essex, Clacton-on-Sea
Reikifusionuk@gmail.com

====

UK

Martin Simmons
RH10 3QH
martin.simmons@ymail.com

====

UK

Oliver

Colchester
olij75@protonmail.com

==

UK
Ajay
Coventry
age2020@hotmail.co.uk

==

UK
Sam Bradwell
Sheffield
sambradwell2@hotmail.com

==

UK
Kevino Sykes
Ramsgate Thanet
kevsko22@gmail.com

==

UK
Roger Williams
Southampton
dodge1010@hotmail.com

==

UK
Hugh Gartshore
Hughgartshore@gmail.com
Leeds, West Yorkshire

==

3. I have a place where we can do CE5

France

Virginie Lacombe beauvilletherapeutique@gmail.com Near Beauville South of France
0671528703
Big groups / bring tents and caravans